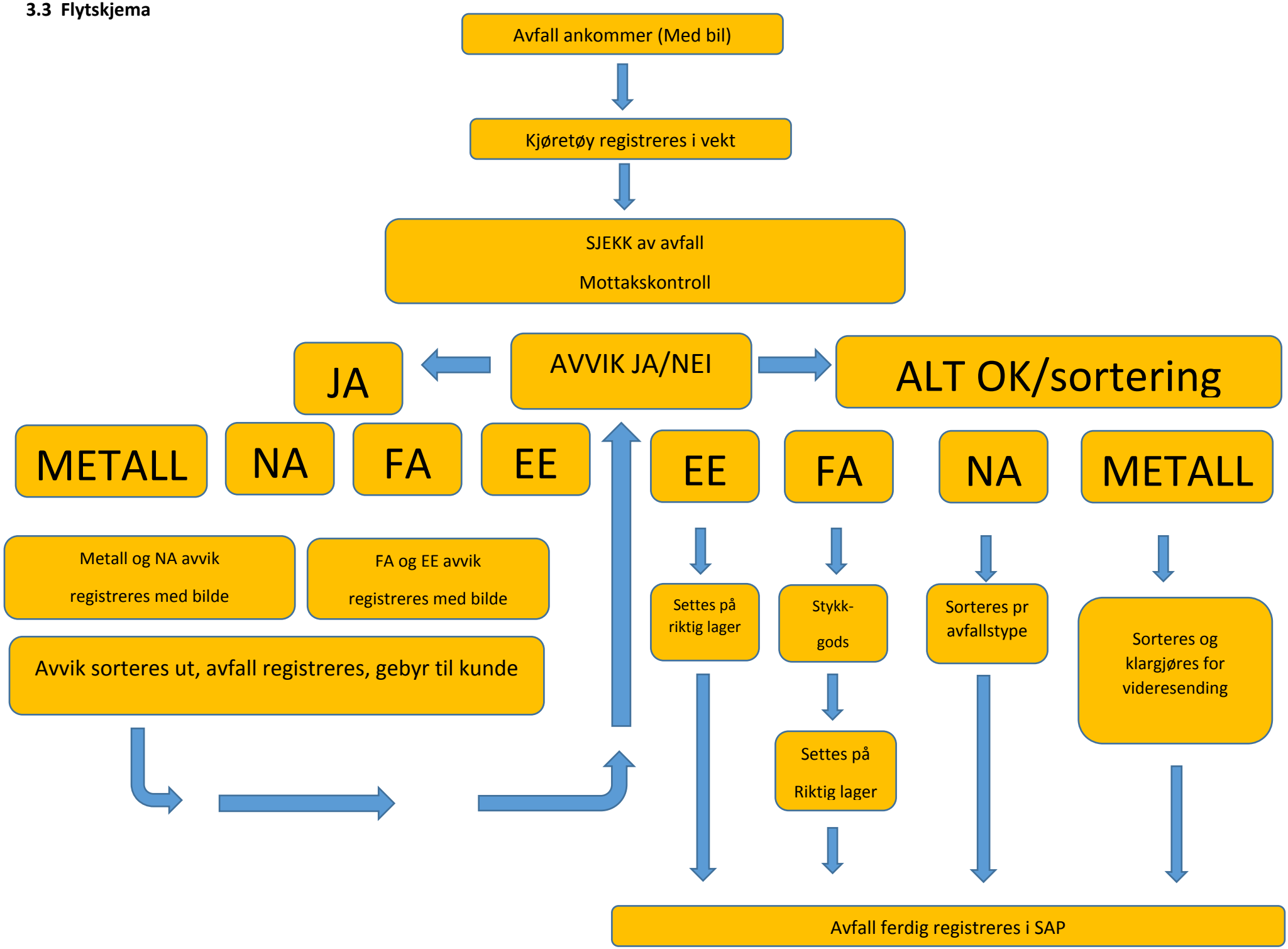3.3 Flytskjema